

HCUC update for April 28, 2024

In worship today, we celebrated with a Homecoming Gospel Service. Gary Heaslip, Hal Gillett, and Janet Jones were soloists. The choir consisted of about 20 folks from High Country and Trinity Primrose. The band included Bruce Ley, Andrew McArthur and his fiancé Sara, Gary Heaslip, Paul Repka, and Steve Noonan. It was so much fun we did it all over again in Shelburne this afternoon. You can watch our service here:

<https://www.youtube.com/watch?v=4XL6ijM2VBE&t=82s>

In our prayers: We shared in a short time of prayer during worship today. More detailed prayers will take place during our weekly prayers tonight at 7:55PM on YouTube and Facebook

Dreamers Unite: We gathered on Wednesday night to talk about Poverty & Homelessness. Elaine Capes from DCMoves joined us, sharing some resources and her experiences and thoughts. Dufferin County has reached Net Zero for homelessness, which means they have programs in place to get folks off the street if that is their wish. Next gathering for Dreamers is on Wednesday, June 19 at 7:00PM and the topic is Environment.

Workshops: FREE workshops at High Country United Church.

- Thursday, May 2 from 10:00AM to 11:00AM: Understanding Your Medications
- Thursday, May 9 from 10:00AM to 11:00AM: Understanding Food Labels
- Wednesday, May 22 at 7:00PM: How to Support Those Who Are Grieving

These are free workshops and open to anyone who wants to learn and/or has questions. RSVP by contacting the church office or by RSVP'ing to the event on Facebook.

Seniors Lunch Speaker Series:

Monday, April 29 at 11:00AM – TeleCheck

Monday, May 27 at 11:00AM - Elder Abuse Prevention of Ontario

Tech Class/Support will be held on Friday, May 3 at 1:00PM.

Creative Partners on Stage Shows: Kassondra shares the following: My show is called Break Free and it's Friday May 17 at 6:30, Saturday May 18 at 3:00 and Sunday May 19 at 1:00. And Christopher's show is called That's a Ticket and it's Friday May 17 at 8:30, Saturday May 18 at 1:00 and Sunday May 19 at 3:00. Tickets are \$25.00 per show and \$40.00 if you want to see both shows.

Upcoming Concert: Friday, May 31 at 7:30PM – Boomerang Band - \$20 each

Boomerang Band includes very professional musicians who love to share Vintage Soul & R&B Music. This concert will be held in our barn.

Upcoming Schedule:

Sunday, April 28

7:55PM Weekly Prayers (online only, live)

Monday, April 29: Office open from 10:00 to 2:00

11:00AM – Seniors Lunch Speaker Series with TeleCheck

Tuesday, April 30: Office open from 9:30 to 2:00

10:00AM – Knitting, Puzzles and Social Time

11:00AM – Arthritis Foundation Exercises

11:45AM – Fairweather Walkers

1:00PM – Strumming Seniors

7:00PM – Choir Practice at Trinity Primrose UC for May 4 event (Spirit Touches Art)

Rev. Jan's office hours in Shelburne from 3:00 to 6:00pm

Wednesday, May 1: Office open from 9:30 to 2:00

11:00AM – Strength and Stretching Exercises

11:45AM – Fairweather Walkers

12:30PM - Choir Practice

Thursday, May 2: Office open from 9:00 to 2:00

10:00AM – Central West Workshop: Understanding Your Medications

Rev. Jan's office hours in Shelburne from 3:00 to 6:00pm

Friday, May 3: Office open from 9:30 to 2:00

11:00AM - SMART Exercise Program (about 1 hour long)

12:00PM – Exercise Participant Lunch

1:00PM – Tech Class & Support

Saturday, May 4: Office Closed

Sunday, May 5: Office open from 9:00 to 12:00pm

10:30AM – Worship Service – World in Prayer

Reader: Darlene K.; Greeter: Marilyn Nash; Refreshments: Elizabeth Hooper

2:00PM – Private Rental in the lower hall and servery

5:00PM – Trinity Primrose U.C. hosts a dinner by Soup Haus

7:55PM – Weekly Prayers (Online only, live)

Grand Valley Music Circle – Saturday, May 4 from 1:00 to 2:30pm (2:00 to 2:30 is especially for children). Knox Presbyterian Church (2 Water Street in Grand Valley) in the Community Room. Free. Sing, play your instrument, or just listen. For more info, call Paul at 519-940-5921.

Belwood Spring Concert: St. John's United at 28 Queen Street in Belwood is having a Spring Concert on Sunday, May 5 at 2:00pm. Presented by St. John's Choir and Special Guests. Freewill offering. Kara Shaw says she loves acting and plays a few roles in this event.

Trinity Primrose United Church in Shelburne: Next preaching days: May 12 & May 26 at 1:00pm. My office hours in Shelburne are Tuesdays and Thursdays from 3:00-ish to 6:00-ish. Upcoming events:

- Spirit Touches Art Touches Spirit – Saturday, May 4 from 10:30 – 3:00. For more information: <https://www.shelburneprimrose.com/events/spirittouchesspirittouchesart-march29>
- Mother's Day Plant Sale order forms (due May 5) are available at our church as well. You can give your order to Rev. Jan and she is happy to deliver to High Country upon request.

Prayer: Spirit of Life, flow through and around us as we journey through this world. Help us to lift one another up. Guide us to better ways of doing and being. Search our hearts and souls to help us to change within. And, God, help us to always keep a song in our hearts that makes our souls sing. Amen.

Blessings from Rev. Jan
High Country United Church
346255 15 Sideroad Mono, ON L9W 6R9
Office: 519-941-0972 Jan's Cell: 519-938-0213
Email: highcountryunited@gmail.com
Website: highcountryunited.weebly.com
Donate via e-transfer to highcountryunited@gmail.com

Biblical Matters

Bible Trivia – Answers from last week

What English translation was made in Europe by scholars who fled the persecution of Protestants under Bloody Mary? *The Geneva Bible*

What French Protestant scholar, riding on horseback from Paris to Lyons, divided the New Testament into verses? *Robert Estienne*

Bible Trivia for this week (answers revealed next week)

1. The covenant after the Flood was made not only between God and man, but also between God and the animals and the earth. What did God give as a sign of this covenant?
2. According to Jeremiah's vision, where would the new covenant between God and man be written?

Reading the New Testament through 2024:

For the week of April 29 to May 3

Monday: John 18 – Have you pictured or imagined the disciples with weapons? What are your thoughts around Simon Peter striking the high priest’s servant?

Tuesday: John 19 – Who was present at Jesus’ crucifixion? Who is missing? Have you ever looked into burial rituals of different cultures?

Wednesday: John 20 – In verse 22, the disciples receive the Holy Spirit. What power(s) do you think that gave them?

Thursday: John 21 – Why do you think the disciples knew it was Jesus this time?

Friday: Acts 1 – Congratulations! You read through the four Gospels in the New Testament. Now we’re into the book of Acts (also known as “Acts of the Apostles”) which was written by St. Luke. Questions for this chapter: What happened to Judas and who replaced him?